

# RECOMMENDED BIFI PROVIDER QUALIFICATIONS

<i>Topic</i>	Can Be Implemented by Non-Licensed Professionals	CAUTION Back-up Licensed Mental Health Support Recommended	Licensure as Mental Health Provider Required
1. What's normal after brain injury	YES	YES	NO
2. Brain Injury happens to the whole family	NO	NO	YES
3. Emotional and physical recovery are different	NO	NO	YES
4. Mastering the art of patience	YES	YES	NO
5. Coping with loss and change	NO	NO	YES
6. Setting reasonable goals	YES	NO	NO
7. Solving problems effectively	YES	NO	NO
8. Managing stress effectively	YES	YES	NO
9. Managing intense emotions	NO	NO	YES
10. Taking care of yourself	YES	NO	NO
11. Focusing on gains and accomplishments	YES	NO	NO

# RAI PROVIDER QUALIFICATIONS

<i>Topic</i>	Can be implemented by Non-Licensed Professionals	CAUTION! Back-up Licensed Mental Health Support Needed	Licensure as Mental Health Provider Required
1. Consequences of brain injury	YES	YES	NO
2. Emotional v. physical recovery	NO	NO	YES
3. Coping with loss & change	NO	NO	YES
4. Patient role in recovery	YES	YES	NO
5. Self-help strategies	YES	YES	NO
6. Success is relative	YES	YES	NO
7. Patience strategies	YES	NO	NO
8. Goal setting strategies	YES	NO	NO
9. Problem solving strategies	YES	NO	NO
10. Managing stress after injury	YES	YES	NO
11. Managing intense emotions	NO	NO	YES
12. Rebuilding relationships	NO	NO	YES
13. Post-injury communication skills	YES	YES	NO
14. Discussing TBI with others	YES	NO	NO
15. Avoiding negativity, guilt & blame	NO	NO	YES
16. Developing a positive outlook	YES	NO	NO

# TCI PROVIDER QUALIFICATIONS

## *Topic*

Can be implemented  
by Non-Licensed  
Professionals

Licensure as a Mental  
Health Provider  
Required; Training in  
Systems Not Required

Licensure as Mental  
Health Provider and  
Systems Training  
Required

1. What is normal for couples
2. Common changes to relationships
3. Healthy relationship communication
4. Managing stress as a couple
5. Setting relationally healthy goals
6. Couples' problem solving strategies
7. Establishing emotional intimacy
8. Renewing physical intimacy
9. Parenting 101: Education & Skills
10. Parenting after TBI: Hurdles and Strategies
11. Taking care of You; Taking care of You Two
12. Relationship goals & looking forward

YES	NO	NO
NO	NO	YES
NO	YES	NO
YES	BACKUP SUPPORT	NO
YES	NO	NO
YES	NO	NO
NO	NO	YES
NO	NO	YES
YES	BACKUP SUPPORT	NO
NO	NO	YES
NO	YES	NO
YES	NO	NO

